

Product Information



FOODSERVICE

Frosted Shredded Wheat Blueberry - small bowl pack

Post Frosted Shredded Wheat Blueberry Bowl Pack	FYA-1 BP	Lightly frosted shredded wheat biscuits with natural blueberry flavor and freeze dried granulated blueberries. Only 6g sugar per 1 oz eq grain. Excellent source of 8 vitamins and minerals. No artificial flavors or certified synthetic colors.
Pack & Size	96 / 1 oz	
Top Seller - Meets K12 1 oz Equivalent Grain		
Case	27154	<p>All Family Favorite</p> <p>Only 6g Sugar</p> <p>Whole Grain Wheat 1st Ingredient 22g whole grain per 28g serving.</p> <p>Smart Snack Qualified</p> <p>1 bowl = 1 oz equivalent grain</p> <p>8 Essential Vitamins & Minerals Excellent Source of: Iron, Folic Acid Good Source of: Thiamin, Riboflavin, Niacin, Vitamin B6, Vitamin B12, Zinc</p>
Case GTIN	1 08 84912 27154 6	
Shipping Weight (lbs.)	8.67	
Case Cube (cu. ft.)	1.79	
Case Dimensions LxWxH (inches)	16.56 x 13 x 14.38	
Pallet: Tier (Cases per layer)	9	
Pallet: Hi (Number of Layers)	3	
Cases per pallet	27	
Meets USDA Whole Grain Criteria	yes: 1st Ingredient = Whole Grain Wheat	
Allergens Present	Wheat	
County of Origin	USA	

Actual Bowl Pack Lid pictured below




Nutrition Facts	Amount/Serving	%DV*	Amount/Serving	%DV*	
Serving Size 1 bowl (28g) Calories 100 Calories from Fat 5 <small>*Percent Daily Values are based on a 2,000 calorie diet.</small>	Total Fat 0.5g	1%	Potassium 100mg	3%	
	Saturated Fat 0g	0%	Total Carbohydrate 23g	8%	
	Trans Fat 0g		Dietary Fiber 3g	12%	
	Cholesterol 0mg	0%	Sugars 6g		
	Sodium 0mg	0%	Protein 3g		
	Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 45% • Thiamin 10%		Riboflavin 10% • Niacin 10% • Vitamin B6 10% • Folic Acid 50% • Vitamin B12 10% • Zinc 10%		
	Ingredients: Whole Grain Wheat, Sugar, Dried Blueberries, Gelatin, Purple Carrot Extract (color), Natural Flavor, Freshness Preserved with Vitamin E (mixed tocopherols). Vitamins & Minerals: Reduced Iron, Niacinamide (Vitamin B3), Zinc Oxide (source of zinc), Pyridoxine Hydrochloride (Vitamin B6), Folic Acid, Riboflavin (Vitamin B2), Thiamin Mononitrate (Vitamin B1), Vitamin B12.				
	Contains Wheat. PARTIALLY PRODUCED WITH GENETIC ENGINEERING				
			1 BOWL = 1 OZ EQUIVALENT GRAIN		



1-800-431-7678 or visit us on the web at:
PostConsumerBrands.com



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NET WT 1 OZ (28g)

oz equivalent grain	1 oz
% Whole Grain	100%
< 6.99g non-creditable grains per 1 oz	✓
≤ 150 calories	✓
≤ 35% calories from fat	✓
≤ 10% calories from saturated fat	✓
≤ 35% sugar by weight	✓
0g trans fat per serving	✓
Smart Snack Qualified	✓
Shelf Life (days)	365
Kosher Symbol	none
Calories per serving	100
Total Fat	0.5g
Sodium	0g
Total Carbs	23g
Dietary Fiber	3g
Sugar	6g
Protein	3g

27264 1703 FYA-1 BP

Formulation Statement for Documenting Grains in School Meals

(Crediting Standards Based on Revised Exhibit A weights per oz equivalent)

Product Name: Post Frosted Shredded Wheat Blueberry Bowl Pack

Code No: 27154

Manufacturer: Post Consumer Brands

Serving Size: 1 oz

I. Does the product meet the Whole Grain-Rich Criteria: Yes

(Refer to SP 30-2012 Grain Requirements for National School Lunch Program and School Breakfast Program.)

II. Does the product contain non-creditable grains: No

How many grams: 0

(Products with more an .24oz equivalent or 3.99 grams for Groups A-G and 6.99 grams for Group H of non-creditable grains may not credit toward the grain requirements for school meals.)

III. Use Policy Memorandum SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program:

Exhibit A to determine if the product fits into Groups A-G (baked goods), Group H (cereal grains) or Group I (RTE breakfast cereals).

(Please be aware that different methodologies are applied to calculate servings of grain component based on creditable grains. Group A-G use the standard of 16 grams creditable grain per oz eq; Group H uses the standard of 28 grams creditable grain per oz eq; and Group I is reported by volume or weight.)

Indicate which Exhibit A Group (A-I) the Product Belongs:

I

Description of Product per Food Buying Guide	Portion Size of Product as Purchased A	Weight of one ounce equivalent as listed in SP 30-2012 B	Creditable Amount A ÷ B
RTE Cereal	1	1	1
Total Creditable Amount¹			1

¹Total Creditable Amount must be rounded down to the nearest quarter (0.25) oz eq. Do not round up.

Total weight (per portion) of product as purchased: 1 oz

Total contribution of product (per portion) 1 **oz equivalent**

I further certify that the above information is true and correct and the a 1 ounce portion of this product (ready for serving) provides 1 oz equivalent Grains. I further certify that non-creditable grains **are not** above 0.24 oz eq. per portion. Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.

Merrilee Olson **2/20/2017**

Signature & Date

Merrilee Olson
Printed Name

K12 Sales Manager
Title

763-245-0853
Phone #



Smart Snacks Product Calculator Results

Brand:
Post

Product Name:
Frosted Shredded Wheat Blueberry Bowl Pack

Serving Size:
28.35 g

First Ingredient:
Whole Grain Wheat

Your whole grain product meets all nutrient standards for entrees or snack foods.

for entrees.



Nutrition Facts

Serving Size 1 oz (about 28.35 g) **8**
Servings Per Container

Amount Per Serving

Calories 100

Calories from Fat 5

Total Fat (g) 0.5

Saturated Fat (g) 0

Trans Fat (g) 0

Sodium (mg) 0

Carbohydrates

Sugars (g) 6

Vitamin D (%) NA

Potassium (%) NA

Calcium (%) NA

Dietary Fiber (%) NA

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