

## 34316 - Wheat Hmburg Roll

<b>Nutrition Facts</b> Serving Size 1.6 oz (46g), 1 Roll Serving Per Container 16		
Calories	110 kcal	
Calories From Fat	15 kcal	
Total Fat	2.0 g	3 %
Saturated Fat	0 g	
Trans Fat	0 g	
Cholesterol	0 mg	
Sodium	230 mg	10 %
Total Carbohydrate	21 g	7 %
Dietary Fiber	2 g	9 %
Sugars	2 g	
Protein	5 g	10 %
Vitamin A	2	0 %
Vitamin C		
Calcium	70	7 %
Iron	1	4 %

Ingredients: White Whole Wheat Flour, Water, Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Wheat Gluten, Yeast, Soybean Oil, Salt, Calcium Sulfate, Ammonium Sulfate, Calcium Propionate, Soy Lecithin, Monocalcium Phosphate, Enzyme, Ascorbic Acid.

Allergen Statement: Contains soy and wheat.

Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs. This product was manufactured in a facility that processes eggs, soy, wheat, wheat gluten and other grains and seeds. Products may contain trace amount of these items.