

Wellness Meeting Minutes for 9.29.2016

Present: Mary Davis, Faye Zeman, Whitney Ajie, Laurie Scott, Destiny Decker, Adam Elder, Jane Kuppler, Amy Pesch, Andrew Peralta, Kate Carlson, Sarah Bubash, Scott Chedister, Jacquelyn Monroe, Ryan Cowell

- Elect new Chairperson at the next meeting
- Revise 2015 Draft Policy to better support each school's needs instead of delivering mandates
- New committee members will not be allowed at this time
- Plan next Wellness Committee meeting to give the committee enough time to present the new draft at the 12.6.16 District Policy Committee meeting
- Professional Development can be achieved through SafeSchools online training
- The Wellness Committee will create a list of health and wellness options separate from the Policy that addresses the Policy categories i.e. mindfulness, CATCH