

District Wellness Committee Meeting

January 23, 2018

Minutes

Present: Mary Davis, Amy Pesch, Jennifer Sparks, Caitlyn Kownacki

Caitlyn presented the IPlan. The committee decided our focus, in alignment with the IPLAN, would be on childhood obesity and increasing school breakfast participation.

The Wellness Rocks! run in September 2018 would be one of our physical activity promotions. Our other physical activity promotion will center around biking to school.

Committee members are going to find out if Play Rx can be administered by PE instructors.

Caitlyn and Mary will meet with Jennifer Ivory-Tatum to establish administrative support for our focus.

The next committee meeting to be determined.