District Wellness Committee Meeting
3/28/18

Present:
Dr. Jennifer Ivory-Tatum, Assistant Superintendent of Achievement and Student Learning
Mary Davis, Food Service Director
Alisha Betka, Parent
Amy Pesch, Elementary PE Teacher
Andrew Peralta, Assistant Middle School Principal
Dr. Thea Perkins, Washington Elementary Principal
Caitlyn Kownacki, U of I Extension

Discussion:
Grants - Rise & Shine Breakfast, Action for Healthy Kids, Parents for Healthy Kids
Laura Dees, Assistant Food Service Director, and Laurie Scott, Grant Writer, are working on a Breakfast in the Classroom grant
Dr. Ivory-Tatum and Caitlyn Kownacki are researching grants for the District Wellness Committee to address promotional needs for new Breakfast in the Classroom schools for SY 18-19
Deadlines for grants are April 6, 2018

Promotional Ideas:
Banners
Giveaways to Parents at August Elementary School registration
Breakfast Sampling
Flyers
Incentives for students to participate
Three groups to focus on: Parents, teachers, and students

Wellness Rocks 2K and Health Fair at Washington Elementary 9/7/2018 from 6:00pm - 7:00pm - District Wellness Committee physical fitness focus
IPLAN - District Wellness Committee community focus

Next District Wellness Committee Meeting - 4/25/18 Location TBD