

District Wellness Committee Meeting

3/28/18

Present:

Dr. Jennifer Ivory-Tatum, Assistant Superintendent of Achievement and Student Learning

Mary Davis, Food Service Director

Alisha Betka, Parent

Amy Pesch, Elementary PE Teacher

Andrew Peralta, Assistant Middle School Principal

Dr. Thea Perkins, Washington Elementary Principal

Caitlyn Kownacki, U of I Extension

Discussion:

Grants - Rise & Shine Breakfast, Action for Healthy Kids, Parents for Healthy Kids

Laura Dees, Assistant Food Service Director, and Laurie Scott, Grant Writer, are working on a Breakfast in the Classroom grant

Dr. Ivory-Tatum and Caitlyn Kownacki are researching grants for the District Wellness Committee to address promotional needs for new Breakfast in the Classroom schools for SY 18-19

Deadlines for grants are April 6, 2018

Promotional Ideas:

Banners

Giveaways to Parents at August Elementary School registration

Breakfast Sampling

Flyers

Incentives for students to participate

Three groups to focus on: Parents, teachers, and students

Wellness Rocks 2K and Health Fair at Washington Elementary 9/7/2018 from 6:00pm - 7:00pm - District

Wellness Committee physical fitness focus

IPLAN - District Wellness Committee community focus

Next District Wellness Committee Meeting - 4/25/18 Location TBD