

Food and Nutrition Services

Meal and Ala Carte Pricing 2020-2021

In addition to school breakfast and lunch, the Clay County Food & Nutrition Services Team also offers Ala Carte items at all grade levels. These items are available to students at an additional cost and provide students with a few more choices each day. All Ala Carte options are in compliance with the USDA's Smart Snacks in School competitive food guidelines.

| County Breakfast | Reduced Breakfast | Adult Breakfast | Elementary Lunch | Secondary Lunch | Reduced Lunch | Adult Lunch |
|------------------|-------------------|-----------------|------------------|-----------------|---------------|-------------|
| \$1.50 | \$0.30 | \$2.00 | \$2.25 | \$2.50 | \$0.40 | \$3.00 |

ALA CARTE ITEMS / PRICING

| | |
|--|--------|
| • Condiment Packet (2 pkgs) | \$.10 |
| • Whole Grain Toast/Crackers (2 pkgs) | \$.20 |
| • String Cheese (light) | \$.25 |
| • Condiment Cup/Sour Cream | \$.30 |
| • Whole Grain Cookie, Wheat Roll/Grains | \$.40 |
| • Whole Grain Baked Chips, CheezIts, Pretzels, Popcorn, Snack Crackers/Mix, Cereal Bars, Muffins | \$.50 |
| • Sunflower Seeds (Junior/Senior) | \$.50 |
| • Fruit, Juice | \$.50 |
| • Vegetable | \$.60 |
| • Low Fat Ice Cream | \$.65 |
| • Yogurt Cup, Go-Gurt | \$.65 |
| • Whole Grain Rice Krispy Treat | \$.75 |
| • Tornados (Junior/Senior) | \$1.25 |
| • Parfaits Fruit & Yogurt | \$1.50 |
| • Lunch Entrée | \$1.55 |
| • Breakfast Entrée | \$.80 |

BEVERAGES

| | |
|--|---------------|
| • Milk (8 oz)/(16 oz Senior) | \$.50/\$1.00 |
| • Water, Arizona Tea (Senior), G2 Gatorade (Senior Only) | \$1.00 |
| • Switch 100% Juice (Junior/Senior) | \$1.00 |
| • Propel Water, Sparkling Ice (Senior) | \$1.50 |
| • Dippin/Yo Dots (Junior/Senior) | \$2.25 |

SMART SNACKS IN SCHOOL

- Be a "whole grain-rich" grain product; or
- Have a fruit, vegetable, dairy product, or protein as the first ingredient; or
- Be a combination food that contains at least ¼ cup of fruit and/or vegetable

NUTRITION REQUIREMENTS

- Calorie Limits: Snack Items ≤ 200 calories, Entrée Items ≤ 350 calories
- Sodium Limits: Snack Items ≤ 200 mg. Entrée Items ≤ 480 mg.
- Fat Limits: Total Fat ≤ 35% of calories, Saturated Fat < 10% of calories, Zero Grams Trans Fat
- Sugar Limits: ≤ 35% of weight from total sugars in foods

BEVERAGE GUIDELINES

**Healthier beverage options during the school day.
All schools are allowed to sell:**

- Plain water, unflavored low-fat milk, flavored & unflavored non-fat milk, and 100% fruit/vegetable juices with no added sweeteners.
- Elementary schools may sell ≤ 8 oz. of milk and juice, while junior and senior high schools may sell ≤ 12 oz. portions of milk & juice.
- Senior high schools can sell lower calorie beverages ≤ 12 oz. and ≤ 20 oz. for calorie free beverages.

Revised 6/30/2020

The Food and Nutrition Services Department is Proud to Serve the Students of Clay County

We Welcome You to the School Cafeteria!

Both the United States Department of Agriculture (USDA) and the Clay County Health Department provides our program with specific requirements and regulations. These agencies monitor our program and ensure that our students are not only receiving meals that are nourishing and well-balanced, but are prepared and served in a safe and sanitary manner.

We hope the following information will be helpful and assist you in becoming more familiar with our program.

As part of the Community Eligibility Provision (CEP) Free breakfast and lunch will be served at

Bannerman Learning Center
Charles E. Bennett Elementary
Clay Hill Elementary
Coppergate Elementary
Doctors Inlet Elementary
Grove Park Elementary
Keystone Heights Elementary
Keystone Heights High
Lakeside Elementary
McRae Elementary

Middleburg Elementary
Montclair Elementary
Orange Park Junior High
Orange Park High
Ridgeview Elementary
S. Bryan Jennings Elementary
Swimming Pen Creek Elementary
W.E. Cherry Elementary
Wilkinson Elementary
Wilkinson Junior High

- Breakfast is provided at all schools.
- The Food and Nutrition Services website provides you with monthly menus, on-line payment information, nutritional information, ala carte offerings, free and reduced information/applications to include on-line applications, frequently asked questions and answers, and much, much more. Please visit us at www.ClayCountyFNS.com
- My School Bucks allows you to make on-line payments, view your student's lunch activity and receive low balance notifications via email.
- All balances from last year will be forwarded to the 2020-2021 school year.
- Your students 6 digit student I.D. is their lunch number. It will be provided to them at the beginning of the year. This 6 digit student I.D./lunch number will not change and will be the same as long as they are a student enrolled in Clay County.

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If you would like to place a limit on ala carte spending, you may contact the Food and Nutrition Services office at 904-336-6856 or via e-mail through the Food and Nutrition Services website.