

Wellness Policy Comparison Chart

This chart shows a comparison between a Model School Wellness Policy and the Bartow County School System District Wellness Policy.

Components of Policy	Model School Wellness Policy: Alliance for a Healthier Generation	Bartow County School System District Wellness Policy
District will convene a wellness committee.	√	√
District wellness committee will meet at least 4 times a year.	√	
District wellness committee will include representative from all school levels and include (to the extent possible), but not limited to: parents and caregivers, students; representatives from school nutrition department; physical education teachers; health education teachers; school health professionals; school health services staff; mental health and social services staff; school administrators; school board members; and the general public.	√	√
The designee(s) will convene the district wellness committee and facilitate development of and updates to wellness policy, and will ensure each school's compliance with the policy.	√	√
District will develop and maintain plan for implementation to manage and coordinate execution of this wellness policy. This plan delineates roles, responsibilities, actions, and timelines specific to each school.	√	√
District will retain records to document compliance with requirements of wellness policy.	√	√
District will actively inform families and the public each year of basic information about this policy, including its content, any updates to the policy and implementation status.	√	√
District will evaluation compliance with the wellness policy to assess the implementation of the policy at least once every three years.	√	√
The wellness policy will be assessed and updated as indicated at least every three years, following the triennial assessment.	√	√
Nutrition content includes specific language regarding nutrition requirements established	√	√

by local, state, and federal statutes and regulations.		
Nutrition content includes specific language regarding promotion of healthy food and beverage choices.	√	√
Policy content includes specific language regarding staff qualification and professional development.	√	
Policy content includes specific language regarding water availability and promotion.	√	
Policy content includes specific language regarding competitive foods and beverages.	√	√
Policy content includes specific language regarding food use in celebrations and rewards.	√	
Policy content includes specific language regarding fundraising guidelines.	√	√
Policy content includes specific language regarding nutrition promotion.	√	√
Policy content includes specific language regarding nutrition education.	√	√
Policy content includes health education curriculum requirements on healthy eating and physical activity.	√	
Policy content includes specific language regarding food and beverage marketing in schools.	√	√
Policy content includes specific language regarding Physical Activity.	√	√
Policy content includes specific language regarding increased student physical activity including physical activity breaks, active academics, before and after school activities, and active transport.	√	
Policy content includes specific language regarding other activities that promote student wellness including community partnerships, family engagement, staff wellness, and professional learning.	√	√