

## **Wellness Policy Implementation Board Report: June 26, 2018**

The health, safety, and well-being of all students is a high priority of the Bakersfield City School District. Our schools, in partnership with families and the community, have a duty to help prevent unnecessary injury, disease, and chronic health conditions. A lack of quality health care can serve as a barrier to accessing the District's instructional programs. As a result, health and wellness is a primary focus of the District's Local Control and Accountability Plan (LCAP) and key component of the District's Multi-Tiered System of Support (MTSS) model.

With funding through our LCAP, the Bakersfield City School District currently operates three School Wellness Centers and a fourth Center opening in the Fall of 2018, with the intent of increasing student access to physical, mental, vision, and dental health services.

During the 2017-18 school year, Bakersfield City School District's Wellness Centers provided the following services:

- 5,172 students served at the Centers
- 9,208 visits/services provided to students and families
  - 537 students immunized
  - 570 students received glasses
  - 778 students received social worker services

In addition to our Wellness Centers, the District Family and Community Engagement (FACE) department collaborates with our Nutrition Services and School Health departments to promote healthy eating and living. As an example, the Now We're Cooking program focuses on educating families on wellness issues through creating family meals. The program reached 1,033 families this year.

In compliance with The Healthy, Hunger-Free Kids Act of 2010 (HHFKA) and Section 9A of the Richard B. Russell National School Lunch Act (Title 42, United States Code, Section 1758(b)), this report reflects the assessment of the Bakersfield City School District's Local School Wellness Policy (Board Policy 600.3). The school principals, in conjunction with teachers, parents, community partners, Family Resource Centers, and nurses completed the BCSD School Wellness Policy Assessment Tool based on the District's goals. The results of the assessment are listed below:

# School Wellness Assessment Tool

Wellness Policy Goals	Fully in Place	Partially In Place	Not in Place
<b>Nutrition</b>			
1 Are nutrition related posters displayed in the dining or serving areas of your site to encourage healthy food choices?	97%	3%	0%
2 Are families aware of the "Now We're Cooking" Resource Fair, held annually that offers information on health-related issues, nutrition, physical activity and child safety?	93%	7%	0%
3 Has staff been trained to share nutritional information through the Wellness Centers, Parent Centers, in Parent Cafes, and other venues?	74%	25%	1%
4 Does your school participate in recess before lunch to provide adequate eating time?	35%	42%	23%
5 Is the cafeteria décor and atmosphere enhanced through colorful nutrition posters or student artwork?	85%	15%	0%
6 Does the staff periodically eat lunch with students to model good manners and behavior?	50%	42%	8%
7 Does your school promote availability and access to drinking water?	100%	0%	0%
8 Has your school integrated nutrition and health education into core subject areas including before or after school programs?	54%	39%	7%
<b>Physical Activity</b>			
1 Has your school received increased funding (i.e. LCAP) for extracurricular intramural and physical activities during lunch time?	96%	4%	0%