

The Food Bank is committed to making sure all of our neighbors have access to enough food during the COVID-19 (coronavirus) crisis.

Is your family in need of food? We're here to help.

There are many ways to get help with food. Below are some options. More information is available on our website at pittsburghfoodbank.org/covid19/.

- **1. Sign up for SNAP (food stamps).** SNAP was designed to help individuals and families make the ends meet by providing money to purchase groceries. We're here to help you through the application process. Fill out the SNAP Referral Form on our website, give us a call at 1-833-822-SNAP (7627) or text SNAPPA to 555-888.
- **2. Find a pantry in your neighborhood.** If you earn an income that is 150 percent of the federal poverty level, or are experiencing an emergency such as a job loss, we can help. Using just your zipcode, our digital locator tool helps you find a pantry near you: https://www.pittsburghfoodbank.org/get-help/locator/
- **3.** Children and teens can get free meals from schools and other community programs. Many schools are giving grab and go meals for children. A map and list of opportunities is available on our website: https://www.pittsburghfoodbank.org/covid19/grab-go-sites/
- 4. Your child(ren) may now qualify for free or reduced price meals at school. Simply contact your school, sign up during your SNAP application or find the application on our website at the link directly above and turn it in to your school.
- 5. Free meals for kids continue in summer. Starting in June, call 2-1-1 or text FOOD to 877-877 to find the Summer Youth Cafe locations closest to you. These meals are free for anyone ages 18 and under. No paperwork is needed.
- **6.** In an emergency situation or have questions? Call us at 412-460-3663 to figure out the best way we can support you.





More food, more choices.

SNAP is a federally-funded program that provides money to purchase food at the grocery store. Below are the income qualifications for this program. If you recently lost your job, your income is \$0 and you qualify for this program.

Age 59 and Under		
Household Size	Monthly Gross Income*	
1	\$1,666	
2	\$2,256	
3	\$2,845	
4	\$3,434	
Each additional household member add \$590		

Disabled and Age 60 and Over		
Household Size	Monthly Gross Income*	
1	\$2,082	
2	\$2,820	
Each additional household member add \$738		

^{*}Gross income is your pay before taxes are taken out.

Our pantry network is here to help.

Food pantries provide groceries for individuals and families to take home with them. If you earn an income that is 150 percent of the federal poverty level, or are experiencing an emergency such as a fire or job loss, we can help. A chart of income guidelines for using our pantry network is located below. If you recently lost your job, your income is \$0 and you qualify for this program.

Household Size	Annual	Monthly
1	\$18,735	\$1,561
2	\$25,365	\$2,114
3	\$31,995	\$2,666
4	\$38,625	\$3,219
Per additional person Add \$6,630 per year or \$553 per month		

Our Mission

Feed people in need and mobilize our community to eliminate hunger.

Our Vision

A hunger-free southwestern Pennsylvania.

Your Support

Together, we bridge communities and resources throughout southwestern Pennsylvania to help neighbors overcome food insecurity and lead happy, healthy lives.