

# 2019-2020 Desert Winds • Phoenix • R Rex Paris HS

**Breakfast is \$2.00 Daily • Lunch is \$3.50 Daily**

<i>Served the week of:</i>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
08/12/19 09/16/19	Banana Bread String Cheese Fruit Juice & Fresh Fruit	Cereal & Muffin Fruit Cup & Fresh Fruit	Mini Breakfast Cluster Fresh Fruit & Fruit Juice	Concha Variety Sunflower Seed Kernels Fresh Fruit & Fruit Cup	Sausage & Cheese Breakfast Sandwich Fresh Fruit & Fruit Juice
10/21/19 12/02/19	Cuban Sandwich Baby Carrots	Corndog Baked Beans	Pepperoni Pizza Pocket Seasoned Green beans Baby Carrots	BBQ Teriyaki Chicken Bowl with Brown Rice Asian Vegetable Blend	Hamburger Lettuce & Pickle Cup Baby Carrots
01/27/20 03/02/20	Tomatoes/Cucumber Lettuce & Pickle Cup Fruit Cup or Fresh Fruit	Celery & Jicama Sticks Peanut Butter Cup Fresh Fruit or Fruit cup	Lemon Cookie Fruit Cup or Fresh Fruit	Broccoli w/ Dressing Fruit Cup or Fresh Fruit	Seasoned Corn Fresh Fruit or Fruit Cup
04/13/20 05/18/19					
08/19/19 09/23/19	Cinnamon Crumb Cake Cheese Cubes Fruit Juice & Fresh Fruit	French Toast Sticks Fruit Cup & Fresh Fruit	Cereal Bar & Yogurt Fresh Fruit & Fruit Juice	PB&J Jamwich Fresh Fruit & Fruit Cup	Egg & Cheese Burrito Fresh Fruit & Fruit Juice
10/28/19 12/09/19	Breaded Chicken Strips with Warm Roll	Cheddar Cheese Enchiladas Refried Beans	Deep Dish Pizza Tossed Salad w/ Dressing Tomatoes/Cucumber	Firecracker Chicken Bowl with Brown Rice Asian Vegetable Blend	Spicy Chicken Sandwich Lettuce & Pickle Cup Seasoned Corn
02/03/20 03/09/20	Macaroni & Cheese Seasoned Green Beans Baby Carrots	Celery & Jicama Sticks Fruit Cup or Fresh Fruit	Fruit Cup or Fresh Fruit	Broccoli Cookie Fruit Cup or Fresh Fruit	Baby Carrots Fruit Cup or Fresh Fruit
04/20/20 05/25/20	Fruit Cup or Fresh Fruit				
08/26/19 09/30/19	Concha Variety String Cheese Fruit Juice & Fresh Fruit	Bagel w/ Cream Cheese Fruit Cup & Fresh Fruit	Coffee Cake Fresh Fruit & Fruit Juice	Beef Sausage Biscuit Fresh Fruit & Fruit Cup	Cereal & Pop Tart Fresh Fruit & Fruit Juice
11/04/19 12/16/19	Pasta Alfredo/Queso Garlic Bread Stick	Grilled Cheese Sandwich BBQ Beans	<b>BRUNCH</b> Chicken & Biscuit Sliders Sweet Potatoes	General Tso's Chicken Bowl with Brown Rice Asian Vegetable Blend	Cheeseburger Lettuce & Pickle Cup Seasoned Corn
02/10/20 03/16/20	Garden Salad w/ Dressing Baby Carrots	Celery Sticks & Jicama w/ Ranch Dressing Peanut Butter Cup Fruit Cup or Fresh Fruit	Fruit/Veg Juice Blend Fruit Cup or Fresh Fruit	Broccoli Fresh Fruit or Fruit Juice	Baby Carrots Fruit Cup or Fresh Fruit
04/27/20 06/01/20	Fruit Cup or Fresh Fruit				
09/02/19 10/07/19	Banana Bread Cheese Cubes Fruit Juice & Fresh Fruit	Chicken Biscuit Fruit Cup & Fresh Fruit	Mini Breakfast Cluster Fresh Fruit & Fruit Juice	Sausage Breakfast Pizza Sunflower Seed Kernels Fresh Fruit & Fruit Cup	Power Bowl Fresh Fruit & Fruit Juice
11/11/19 01/13/19	Quesadilla Baby Carrots	Carnitas Tacos Refried beans Street Corn	French Bread Pizza Garden Salad w/ Dressing Cherry tomatoes/Cucumber	Chicken Bowl with Brown Rice Asian Vegetable Blend	Crispy Chicken Sandwich Celery & Jicama Baby Carrots w/ Dressing
02/17/20 03/30/20	Cucumber Slices w/ Dressing Fruit Cup or Fresh Fruit	Fruit Cup or Fresh Fruit	Fresh Fruit or Frozen Fruit Cup	Broccoli w/ Dressing Snickerdoodle Cookie Fruit Cup or Fresh Fruit	Lettuce & Pickle Cup Fruit Cup or Fresh Fruit
05/04/20					
09/09/19 10/14/19	Concha Variety String Cheese Fruit Juice & Fresh Fruit	French Toast Fruit Cup & Fresh Fruit	Coffee Cake Fresh Fruit & Fruit Juice	PB&J Jamwich Fresh Fruit & Fruit Cup	Egg & Cheese Burrito Fresh Fruit & Fruit Juice
11/18/19 01/21/20	Turkey and Gravy over Mashed Potatoes Warm Rolls	Chili Verde Burrito Flour Tortilla & Spanish Rice Pinto & Red Beans	<b>BRUNCH</b> Sunrise Sausage Sandwich Sweet Potato Tots	Orange Chicken Bowl with Brown Rice Asian Vegetable Blend	Cheeseburger Sliders Lettuce & Pickle Cup Seasoned Corn
02/24/20 04/06/20	Roasted Butternut Squash Fruit Juice or Fresh Fruit	Celery & Jicama Sticks Peanut Butter Cup Fruit Cup or Fresh Fruit	Fruit/Veg Juice Blend Fresh Fruit or Fruit Cup	Broccoli w/ Dressing Fruit Juice Frozen Fruit Cup	Baby Carrots Fruit Cup or Fresh Fruit
05/11/20					

ALL MEALS INCLUDE CHOICE OF 1% MILK OR 1% FLAVORED MILK - MENU SUBJECT TO CHANGE