

Antelope Valley Union High School District - Food Services

Compliant Food and Beverage List for Sales by Student Organizations – rev. 10/17

COMPLIANT BEVERAGES

Student Stores –

- Switch, Envy, Izze, Gatorade, Propel, Naked Juice - Assorted Flavors – Sysco
- Bottled Water – 8oz or 16.9oz

Club Days - Refer to Beverage Rules

- Fruit and/or Vegetable Juices that consist of at least 50% juice and no added sweeteners.
- Bottled Water
- Electrolyte Replacement Beverages 12oz
- Crystal Lite – Strawberry Lemonade (5 Fresh Strawberries) 8oz
- Arizona – Arnold Palmer Zero 8oz

COMPLIANT SNACK ITEMS

Student Stores -

- Items listed on approved Snack List

Club Days - Refer to Snack Rules

- Orville Redenbacher's Popping Corn Air Popped
- McDonald's Fruit 'n Yogurt Parfait (149gms)
- Fresh Fruit Cups
- Minute Maid Frozen Lemonade Tubes
- Soft Pretzel – **Must be Whole Grain Rich**
- 100% Fruit - Frozen Fruit Bars
- Yoplait Strawberry Gogurt (64gm)
- Yogurtland Frozen Yogurt – Cookies & Cream (113gms)
- Yogurtland Frozen Yogurt – Vanilla Bean (113gms)
- Yogurtland Frozen Yogurt – Chocolate Milkshake (113gms)
- Dippin' Dots – Strawberry Sorbet (85gms)
- Dippin' Dots – Lemon-Lime Sherbet (85gms)
- Dippin' Dots – Cotton Candy (85gms)
- Dippin' Dots – Cookies & Cream (85gms)
- Dippin' Dots – Cookie Dough (85gms)
- Jamba Juice Smoothie– Peach Pleasure (16oz)
- Jamba Juice Smoothie – Strawberry Swirl (12oz)
- Jamba Juice Smoothie – Mega Mango (12oz)
- Mango Slices (1 cup) with Tajin
- Mexican Corn/Elote (see Food Services for recipe)

COMPLIANT ENTRÉES– CLUB DAYS ONLY

Club Days - Refer to Entrée Rules

- Domino's Smart Slice (16"- 8-10 servings)
- Domino's Smart Slice (14"- 8 servings)
- Subway Ham Mini Sub on Whole Grain Bread
- Subway Turkey Mini Sub on Whole Grain Bread
- Subway Beef Mini Sub on Whole Grain Bread

Visit Food Services webpage on the District website for:

- Competitive Food Sales rules
- Smart Snack Calculator
- Tips and ideas for fundraising activities

Applies only to food and beverage sales by student organizations

1. Up to three categories of foods or beverages may be sold each day (e.g. chips, sandwiches, juices, etc.)
2. Food or beverage item(s) must be **pre-approved** by governing board of school district.
3. Only **one** student organization may be allowed to sell during school hours each day. (Student Store)
4. Food or beverage **cannot** be prepared on the campus.
5. The food or beverage categories sold **cannot** be the same as the categories sold in the **food service program** at that school during the same school day.
6. In addition to one student organization sale each day, any and all student organizations may sell on the **same four designated days** per year. School administration may set these dates.