

The Atlanta Board of Education promotes student success and healthy schools by supporting wellness, good nutrition, and regular physical activity as a part of the total learning environment. The Board supports a healthy environment where children learn and participate in positive dietary and lifestyle practices. Schools contribute to the basic health status of children by facilitating learning through the support and promotion of good nutrition and physical activity. Improved health optimizes student academic performance potential and ensures student achievement.

In support of the health and welfare of each student in the Atlanta Public Schools and to provide guidance to school personnel in the areas of nutrition, health, physical activity, and food services, the Board has determined that:

1. An economically sustainable meal program that provides a healthy nutritious breakfast, lunch, and snack shall be available daily to every student at every school.
2. The nutritional value of the food served by the Atlanta Public Schools and after school programs shall not be less restrictive than regulations and guidance as specified by United States Department of Agriculture (USDA) dietary guidelines.
3. Meals served to students shall be fresh, tasty, and attractively presented in a pleasant environment with sufficient time for eating. It shall be the responsibility of the school staff to foster good manners and respect for fellow students.
4. Foods served to students and employees of the Atlanta Public Schools during the day as a snack, an incentive, or in school offices, whether provided by parents or APS staff, shall be consistent with the goals of this policy.
5. Snack items served at class parties should be consistent with the goals of this policy and served after the lunch hour whenever possible.
6. School system staff shall integrate nutrition and physical education into the core academic curriculum at all grade levels.
7. Each school must develop a local school wellness plan by August 1, 2006.

The Superintendent is authorized to develop regulations to implement this policy, including procedures to evaluate compliance with this policy.

APS Board First Read: December 5, 2005

Adopted by APS Board: February 13, 2006