



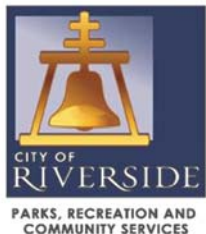
Nutrition Class Series

Tuesday Mornings:

8:15 - 9:15 a.m.

Twinhill Elementary, Room 7
11000 Campbell Avenue, Riverside

- **April 2** - Build a Healthy Plate
- **April 9** - Planning Healthy Meals
- **April 16** - Shopping on a Budget
- **April 23** - What's on a Label
- **April 30** - Rethink Your Drink



For more information, please contact:

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