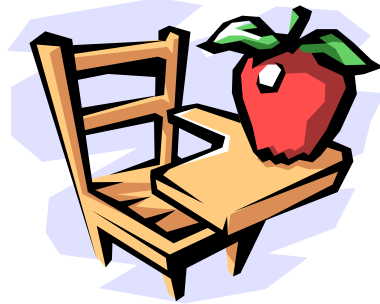


# Benefits of a School Health Council



- Be instrumental in improving student health and creating healthy schools
- Help schools meet community involvement mandates and community expectations
- Help schools meet district and local wellness policies.
- Support school-health staffed programs.
- Provide a way for community members and parents to work together with school personnel to accomplish school district goals
- Utilize and make the most of community resources and assets
- Influence more people within a community than a single institution could
- Provide a forum for sharing youth health information and resources
- Provide a range of advice and perspectives
- Foster personal satisfaction and help members understand their roles in strengthening their community
- Foster cooperation by building trust and consensus among grassroots organizations, community segments, and diverse citizens
- Be a credible, collective voice of support for healthy children and youth.

*Adapted from Developing Effective Coalitions: An Eight-Step Guide by Larry Cohen, Nancy Baer, and Pam Satterwhite; Pleasant Hill, Calif. Contra Costa County Health Services Department of Prevention Program, Spring 1994, p. 4.*