All foods requiring refrigeration need to be kept at a temperature of 40 °F or below. Shelf-stable items should be stored at a temperature of 85 °F or below.

## All Fresh Milk & Juices:

Refrigeration required. Consume by the "Best By" date located on the product.

## Fresh Whole Fruit:

Refrigeration recommended, but not required.

## **All Shelf-Stable Fruit:**

(e.g.: Applesauce cups, Raisins, etc)

Shelf-stable. No refrigeration required. Consume by the "Best By" date located on the product.

# Fresh Processed/Bagged Fruit & Vegetables as well as cold fruit cups:

Refrigeration required. Consume by the "Best By" date located on the product.

## **String Cheese:**

Refrigeration required. Consume within 5 days.

## MICROWAVE, FROM FROZEN:

- 1. Remove the item(s) from the package.
- 2. Microwave on HIGH for 90 seconds.
- 3. Product is ready to consume when an internal temperature of at least 165°F degrees is reached.
- 4. If product has not reached an internal temperature of at least 165°F, continue to reheat on HIGH in 30 second intervals until minimum internal temperature of 165°F is reached
- 5. Remove item from microwave, remove from wrapper, and let sit for one minute before consuming.
- 6. Consume within 2 hours.

# All Cereals, Crackers, Chips, Sunflower Seeds:

Shelf-stable. No refrigeration required. Consume by the "Best By" date located on the product.

## **Grain-Based Breakfast Pastries:**

(e.g.: Benefit Bar, Honey Bun, Muffin, Cinnamon Roll, etc)

Previously frozen product. Shelf-stable, but consume within 5 days.

#### **Cold Sandwiches:**

(e.g.: PBJ, Wraps, Sub Sandwich, etc)

Refrigeration required. Previously frozen product. Consume the same day.

## **Lunch Items that require heating:**

(e.g.: Mini Cheeseburgers, Burritos, Pizza, etc)

Store in refrigeration until ready to heat & consume. Store in refrigerator no longer than 5 days. Heat up following the heating instructions on this form below, and consume within two hours.

## **OVEN, FROM FROZEN:**

- 1. Heat oven to 325°F.
- 2. Remove the item(s) from the package, place product on baking sheet, and cook in the oven for 30-35 minutes.
- 3. Product is ready to consume when an internal temperature of at least 165°F degrees is reached.
- 4. If product has not reached an internal temperature of at least 165°F, continue to cook in oven, checking every 5-10 minutes until minimum internal temperature of 165°F is reached.
- 5. Remove item from oven and let sit for 5-10 minutes before consuming.
- 6. Consume within 2 hours.